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Mon, 30 Jul 2018 07:50:00 GMT - The Fast-5 Diet and the Fast-5 Lifestyle A little book about making big changes Bert Herring, M.D. Published by Fast-5 LLC Jacksonville, Florida www.fast-5.com

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Tue, 31 Jul 2018 00:18:00 GMT - Dieting is the practice of eating food in a regulated and supervised fashion to decrease, maintain, or increase body weight, or to prevent and treat diseases, such as diabetes.

Dieting - Wikipedia -

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(3) The 3-Week Ketogenic Diet | Official Website | Lose ... -

Tue, 07 Aug 2018 05:39:00 GMT - The Super Metabolism Diet: The Two-Week Plan to Ignite Your Fat-Burning Furnace and Stay Lean for Life! [David Zinczenko, Keenan Mayo, Mark Deakins] on Amazon.com. *FREE* shipping on qualifying offers. TORCH FAT, LOOK YOUNGER, AND START LOSING YOUR BELLYâ€™IN JUST 14 DAYS! NBC News health and wellness contributor David Zinczenko

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